

## Mask Fit Questionnaire

We, at Mountain Sleep Diagnostics, are dedicated to increasing CPAP compliance for all of our patients outside of the sleep lab. We would like to give our patients ALL the tools possible to make their CPAP experience in the lab and at home the best that it can be. Nasal Pillow Systems, Nasal Masks Systems and Full Face Masks are available in all shapes and styles from a number of vendors. They are all effective and were designed to meet specific needs. Your mask selection is very personal and important for continued use of therapy at home. We encourage you to answer the following questions so we may assist you in choosing the best option to wear in the sleep lab.

	Yes	No
1. Claustrophobic	<input type="checkbox"/>	<input type="checkbox"/>
2. Chronic Allergies	<input type="checkbox"/>	<input type="checkbox"/>
3. Morning Dry Mouth	<input type="checkbox"/>	<input type="checkbox"/>
4. Dentures/Bridges	<input type="checkbox"/>	<input type="checkbox"/>
5. Prone Sleeper	<input type="checkbox"/>	<input type="checkbox"/>
6. Facial Hair	<input type="checkbox"/>	<input type="checkbox"/>
7. Arthritis	<input type="checkbox"/>	<input type="checkbox"/>
8. Rheumatoid Arthritis	<input type="checkbox"/>	<input type="checkbox"/>
9. Glasses	<input type="checkbox"/>	<input type="checkbox"/>
10. Gerd	<input type="checkbox"/>	<input type="checkbox"/>
11. Grinding Your Teeth	<input type="checkbox"/>	<input type="checkbox"/>
12. Sensitive Skin	<input type="checkbox"/>	<input type="checkbox"/>

Our Sleep Technician, as part of setting you up with all of our equipment, will put a few masks on you and let you see how they feel. In the event that you need CPAP we will already be prepared with your mask choice, making the switch to treatment in the middle of the night a smoother process for you. Please feel free to ask our technicians any questions that you feel may help you make your decision. If you end up on CPAP, and feel the mask choice you made is not going to work please let the technician know so they can try something different.